

For admissions, a candidate must be in good mental and physical health and free from any physical defect. The fitness requirements are given below:

1. Chest expansion should not be less than 2 cms. The chest shall be measured in the following manners.

He will be made to stand erect with his feet together and arms raised over his head. The tape will be so adjusted round the chest that its upper edge, touches the inferior angles of the shoulder blades behind and its lower edge, the upper part of the nipples in front. The arms will then be lowered so as to hang loosely by the sides and care will be taken that the shoulders are not thrown upwards or backwards so as to displace the tape. The candidate will then be directed to take a deep respiration several times when the maximum expansion of the chest will be carefully noted and the measurement recorded.

2. The standard of vision shall be not less than 6/9 each eye with or without glasses.

3. The candidate shall be examined for the following points as well:

- (a) That his hearing is good and there is no sign of ear disease.
- (b) That his speech is without impediment.
- (c) That his teeth are in good order. He must have 10 sound teeth in the upper jaw functionally opposed to 13 sound teeth in the lower jaw. Two teeth in each jaw must be molars. Well-filled teeth will be considered as sound.
- (d) That his chest is well-formed and that his lungs and heart are sound.
- (e) That he is not ruptured. That he does not suffer from a severe degree of varicocele or varicose veins. A candidate who has been successfully operated upon will be accepted.
- (f) That his limbs are well-formed and developed.
- (g) That there is free and perfect motion of all joints.
- (h) That his feet and toes are well-formed.
- (i) That he does not suffer from any inveterate skin disease.
- (j) That he does not have any congenial malformation or defect.
- (k) That he does not bear traces or any previous acute or chronic disease pointing out to an impaired constitution.